Charlene Narine BSW, MSW, RSW

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EDUCATION

*June 2004*

Completed the Masters of Social Work program at Dalhousie University

*May 1997*

Completed the Bachelor of Social Work program at Memorial University of Newfoundland

*September 1991-July 1992*

Attended St. Clare’s School of Nursing diploma program

CONTINUING EDUCATION

Dalhousie University, Halifax, NS (12-hour courses)

*April 2011-* Helping People Grow in the Midst of Loss

*September 2011-*The Clinical Treatment of Anger and Shame

*October 2013- Ethical Decision Making*

*February 2014- OCD and Anxiety in Children*

Sick Kids, Toronto, Ontario

*March 24&25, 2013- Cultural Competence Train the Trainer*

Dalhousie University, Halifax, NS (12-hour course)

*March 2015- Feedback Informed Treatment Practices*

*February 2016 - The Heart of Helping: Understanding Vicarious Trauma and Compassion*

*February 2017-Solution Focused therapy*

*January 2018- Mindfulness Strategies for Helping Professionals*

Extra Education

April 2016-FASD training Part 1 (Catholic Family Services, Hamilton)

May 2016 – FASD training Part 2

April 5,2017 – Finding Purpose with Myles Himmelreich

October- November 2017 – Triple P Parenting training (7 weeks)

WORK EXPERIENCE

Medical Office Administrator

Dr. Andy Narine

September 2012-May 2017

Duties: Completed payroll, T4s, bill payment, income tax, email management as well as hiring new staff.

Mary McGill Counselling Centre

January -December 2012

Mental Health Counsellor

Duties: Counselled clients using short term CBT therapy and assisted with referral to community agencies. Assessed patients in the Emergency Room that were dealing with mental health issues. Referred to appropriate agencies.

The Ottawa Hospital (Ottawa, Ontario)

February 2007-June 2008

Social Worker (Vascular Unit and Pre- Assessment Unit)

Duties: Discharge planning and assisting patients with adjustment to chronic illness.

The Ottawa Hospital

September 2006-February 2007

Social Worker (Nephrology – Dialysis Unit)

Duties: Assisted patients in the dialysis unit with adjustment to chronic illness and assisted with financial issues.

Eastern Health (Health Science Centre, St. John’s, NL)

November 2005- July 2006

Social Worker (Obstetrics/Gynaecology)

Duties: Assisted patients with discharge planning, referrals to child protection and did short term counselling.

Eastern Health (St. Clare’s Hospital, St. John’s, NL)

September 2004- November 2005

Social Worker (START program-mental health counselling centre)

Duties: Provided short term counselling to clients of the START clinic and referred to outside agencies when required. Co-facilitated a group for women who had a relationship break up.

IWK Children’s Hospital (Halifax, NS)

January –June 2004

MSW Social Work Student (Haematology and Nephrology Program)

Duties: Assisted patients and their families with adjustment to chronic illness and discharge planning.

Health and Community Services (various locations in Eastern Newfoundland)

May 1997- August 2000

Social Worker

Duties: Worked in various caseloads of child protection, as well as, family and rehab assisting families in dealing with many challenging situation. Attended court when necessary for child protection issues.

The Janeway Children’s Hospital (St. John’s, NL)

BSW Social Work Student

September 1996-January 1997

Duties: Counselled patients on the Psychiatric Ward in relation to their personal problems and also co-facilitated several therapy groups including an eating disorder support group and a group for parents who had children who were abused.

VOLUNTEER EXPERIENCE

FASD (Fetal Alcohol Spectrum Disorder) Committee

May 2013- June 2014

Community member of the FASD committee that concentrated on educating the public regarding FASD. Assisted in organizing a movie night to educate the public on FASD.

Laugh Your Way To A Better Marriage Committee

September 2013

Assisted in the planning, publicising and implementing a three day workshop for the public featuring a marriage education film.

Laugh, Lunch and Learn co- founder

January 2013-June 2014

Assisted in the planning, publicising and implementing of a once a month lunch for ladies in Alliston. This lunch included local businesses who shared information.

Magarini Wakinga Association

October 20, 2013

Assisted by selling tickets and merchandise during a fundraiser to raise money and awareness for Traditional Birth Attendants in Magarini, Kenya.